

ABOUT US

Since 2008, Manhattan Psychology Group, PC (MPG) has been providing comprehensive and evidence-based psychological and behavioral services for toddlers, children, adolescents and adults, with offices on the UWS in Manhattan. Our team consists of licensed child & adolescent psychologists, adult psychologists, school psychologists, behaviorists and special educators, who all work cohesively and collaboratively to provide wrap-around treatment in the home, office and at school.

HOW WE HELP

Services for Children & Adults

- Individual psychotherapy
- Cognitive Behavioral Therapy (CBT)
- Parent Management Training
- Couples Therapy
- Family Therapy
- Executive Function Coaching
- Academic Remediation/Tutoring
- School-Based Positive Behavior Plans
- In-home Behavior Therapy
- Neuropsychological Testing
- Applied Behavioral Analysis (ABA)
- Habit Reversal Training (HRT)

Treatment Programs Just for Children

- Parent Child Interaction Therapy (Ages 2-7)
- 1:1 Behavioral School Shadows
- "Coping Cat" for Anxiety
- Social Skills Groups (Ages 5-11)

Problems We Treat

- Anxiety, OCD, Trauma, Phobias
- Depression & Bipolar Disorder
- ODD, Anger & Behavioral Problems
- Academic & School Difficulties
- Social & Friendship Difficulties
- ADHD & Executive Function Problems
- Sleeping, Eating & Toileting issues
- Separation & Divorce
- Relationship & Intimacy problems

We are out-of-network with insurance and can provide a receipt to submit for reimbursement.

We have 2 full-time staff providing responsive administrative support.

Mailing & Office Location:

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