Psychology Group, PC

Psychological Services for Children, Teens & Adults

# ABOUT US

Since 2008, Manhattan Psychology Group, PC (MPG) has been providing comprehensive and integrated psychological care for children, adolescents and adults, with offices on the UWS and UES in Manhattan. Our team consists of licensed child & adolescent psychologists, adult psychologists, school psychologists, behaviorists and special education teachers, who all work cohesively and collaboratively to provide wrap-around treatment in the home, office and at school.

### **HOW WE HELP**

#### Services for Children & Adults

- Individual psychotherapy
- Cognitive Behavioral Therapy (CBT)
- Parent Management Training (Kids 8+)
- Couples Therapy
- Family Therapy
- Play Therapy
- Executive Function Coaching
- · Academic Remediation/Tutoring
- School-Based Positive Behavior Plans
- In-home Behavior Therapy
- Social Skills Groups (Kids 5-11)
- Neuropsychological Testing
- Applied Behavioral Analysis (ABA)
- Habit Reversal Training (HRT)

## Treatment Programs Just for Children

- Parent Child Interaction Therapy (Kids 2-7)
- 1:1 Behavioral School Shadows
- Social Skills Summer Treatment Camp
- "Coping Cat" for Anxiety

### Problems We Treat

- · Anxiety, OCD, Trauma, Phobias
- Depression & Bipolar Disorder
- ODD, Anger & Behavioral Problems
- Academic & School Difficulties
- ASD & Friendship Difficulties
- ADHD & Executive Function Problems
- Sleeping, Eating & Toileting issues
- Separation & Divorce
- Relationship & Intimacy problems

./ We only hire licensed, experienced professionals, not students, interns or post-docs.

We are out-of-network with insurance and can provide a receipt to submit for reimbursement.

./ We have 2 full-time staff providing responsive administrative support.

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